

Table 2: Pre-Post Pilot Study Design

Informed Consent	Week 1 T₀	Week 2	Week 3	Week 4	Week 5 T₁	Week 6	Week 7	Week 8
Family Gene Toolkit Mutation Carrier	Baseline Survey	Session 1 Webinar	Session 2 Webinar	Session 3 Phone call	Follow-up Survey			
Family Gene Toolkit Relative	Baseline Survey			Session 3 Phone call	Follow-up Survey			
Wait-listed Control Mutation Carrier	Baseline Survey				Follow-up Survey	Session 1 Webinar	Session 2 Webinar	Session 3 Phone call
Wait-listed Control Relative	Baseline Survey				Follow-up Survey			Session 3 Phone call